## team development & coaching

### Janto Oellrich Expert in team building & leadership



Team-Coach & HR manager with over twenty years of experience as

- Coach for teams and managers with well over 250 team buildings
- C-level leadership coach
- Instructor for coaches in experiential learning methods
- Experienced systemic coach
- HR Interim Manager

I work in German and English

» I believe that there is a very special **magic** in every team.

Anyone who has ever experienced, or been involved in creating this enormous power and enthusiasm, will try to do so again & again.«

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What is the "magic" of successsful teams?

#### TRUST

- ✓ Team members can fully rely on each other.
- ✓ Mutual support forges a powerful, "magical" team.

#### KNOWING EACH OTHER WELL

- ✓ Team members know their own strengths as well as those of others.
- ✓ Working "hand in hand" comes very easily.

#### TEAM SPIRIT

Based on appreciation, there is a supportive atmosphere within the team, people enjoy learning from each other and share knowledge openly. Innovation and growth emerge.

In my team workshops, I use proven methods to strengthen and improve these team traits.

When Steve Jobs was asked which product he was most proud of, he replied: »The team!«



To strengthen the team magic, I work with the team to focus on these three areas:



#### Clearly define common goals

- team members and leadership reflect on their common goals and how to achieve them. Everyone contributes to ensure clarity and comprehensibility.
- > Everyone feels a sense of responsibility. More engagement emerges.



#### Create goal oriented processes

- > Well-structured teams with smart division of labor achieve their goals more effectively.
- We therefore optimize responsibilities and work structures together

#### Appreciate & support each other



- Collaboration often lacks one key factor: appreciation!
  - In moments of stress, however, this becomes essential for success.
- My playful team projects create experiences that make the team recognize how important this is in different situations. We then reflect on the practical implementation.

»I am because we are« African proverb



My approach in team workshops: "Experience the magic firsthand."

Behavioral changes rarely happen purely rationally. The most effective impulses come from emotional experiences. That's why I design experiential team projects where emotional "AHA" moments take place. After joint reflection, the team then adopts the desired behavior from within and a new, beneficial team culture emerges.

#### **Examples of team experience projects:**



## » Let me experience it myself « 4

Pictures: Metalog training tools www.metalog.de



Team-Coach & HR manager: two roles, one motivation.

Over the past twenty years, I have enjoyed switching between the two roles of HR manager and team-building coach. In both roles I find my greatest motivation - to support people and companies to grow.

- As a team coach I enjoy empowering teams to unleash their full potential.
  I believe that as social beings we create <u>incredible magic</u> when we move in a strong, mutually appreciative and constantly evolving team. These committed teams are the nuclei of every company's success.
- I am just as passionate to HR management which I view as a strategic function:
  By creating the environment in which employees can develop and flourish, HR contributes significantly to the future direction of every company.

»If you want to go fast, go alone.

If you want to go far, go together«



These companies place their trust in me (excerpt):

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# Some of the coaching methods I use and institutes I have visited:

- Team- and leadership-coaching: Metalog Regensburg
- COL Learning and teaching methods: Metalog-Academy
- Systemic consulting: Milton Erickson Institutes, Heidelberg & Innsbruck
- NLP Practitioner and Associate Trainer: Metalog Regensburg
- Systemic integration & autonomy: Dr. Langlotz München
- Transactional analysis methods: Christoph Eyssel Ulm, Henning Schulze FH Deggendorf
- Mental training: Kurt-Tepperwein Lindau
- Behavioral profile analysis methods: INSIGHTS <sup>®</sup>, MBTI <sup>®</sup>, DISG <sup>®</sup>, REISS <sup>®</sup>, HBDI<sup>®</sup>
- Intercultural communication: Prof. em. Dr. phil.
  Klaus Dirscherl, Universität Passau

» What is more important to you: The journey or the destination?"

> "The ones, who accompany me.

James Norbury, Author 6

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What team developments are you planning? Let's talk:

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I am looking forward to meeting you!

